



BullsSoxAcademy.com



## OFFICIAL BASEBALL AND FASTPITCH SUMMER CAMPS OF THE CHICAGO WHITE SOX

More than 50,000 players have improved their games at a Sox Training Center Summer Camp. This summer, it's your turn!

Come learn from our expert coaching staff teaching you many of the same training techniques used by the 2005 World Champion Chicago White Sox! If you want to be the best, you've got to train with the best!

*Baseball and Fastpitch Summer Camps for every ability level...including a new White Sox Travel Player Camp for more experienced players.*

With over 300 camps in 150 communities, find a location near you and register on-line at BullsSoxAcademy.com!

### 2008 BASEBALL TRAINING CAMPS

#### LITTLE SLUGGERS

**Boys & Girls Ages 5-6 Cost: \$149**

This is the perfect camp for your future Hall of Famer to experience the joy of playing America's pastime. Focusing on the fundamentals, our coaches will teach throwing, fielding, hitting, base running and defensive skills and also pass along their enthusiasm for the game! Student to instructor ratio 10 to 1 or less.



#### SOX TRAINING CAMPS #1

**Ages 7-10 Cost: \$205**

STC 1 is the foundation upon which all of our camps have been built. This camp will focus on the essential aspects of baseball including base running, throwing, hitting, bunting, fielding and pitching. Campers will be grouped according to age and ability so that the more advanced camper can work on advanced techniques. Roving hitting and pitching instructors from the White Sox Academy will visit many of our camp sites to provide special focus through advanced teaching. Student to instructor ratio 10 to 1 or less.

#### WHITE SOX TRAVEL PLAYER CAMP

**Ages 10-13 Cost: \$205**

Attention travel players! This new camp from the White Sox is just for you. You have special, more advanced needs and the Travel Player Camp is just the ticket. This camp will be run like a Major League Spring Training practice with emphasis on reading pitchers, bunting for a base hit, cutoffs, advanced outfield and middle infield play, zone hitting, PFP, linear and rotational hitting and other techniques that you can use in that night's travel ball game. Just because you are in-season doesn't mean that you can stop learning the game. Requirements: Players must be ages 10-13 and have completed STC-1 or be playing for a travel team. Student to instructor ratio 10 to 1 or less.

### SCORE SOX TICKETS AND COOL STUFF AT EVERY WHITE SOX SUMMER TRAINING CAMP!

- 6 Ticket Vouchers for a White Sox Home Game! (restrictions apply)
- White Sox Training Center Collectable Hat, T-Shirt and Graduation Certificate!
- Players age 7 and up. . .participate in the White Sox Skills Competition for the chance to play in the finals at U.S. Cellular Field!

### 2008 FASTPITCH TRAINING CAMPS

At our Fastpitch Summer Camps, you not only train like the Pros, but YOU get to meet the Pros! The White Sox Fastpitch Training Centers are once again thrilled to team up with the Comcast Chicago Bandits! During each camp, one day will feature an appearance by a Chicago Bandits player who will sign autographs, participate in a question/answer session, and conduct on-the-field drills. Led by Kathy Young and Christine Wozniak, our fastpitch softball staff includes White Sox Training Academy private instructors and current collegiate players. Our training programs range from Beginner to Elite Players... bring us your best, and we'll give you ours!

#### LITTLE SLUGGERS

**Boys & Girls Ages 5-6 Cost: \$149**

See Baseball

#### FASTPITCH 1

**Ages 7-9 Cost: \$205**

This Training Camp is for girls who are playing fastpitch softball in an in-house league or community organization. Instruction includes: proper warm-up/form running/agility drills, throwing and receiving mechanics, lead throws (toss, flip, dart), fielding drills (infield & outfield), hitting/bunting/slapping, pitching & catching, base running, leadoffs, sliding, signals, and situational defense. Student to instructor ratio 10 to 1 or less.

#### FASTPITCH 2

**Ages 10-12 Cost: \$205**

This Training Camp is geared towards both the experienced fastpitch player who plays on a summer travel team and/or the fastpitch player who has completed the FP1 camp. FP2 concentrates on advanced team and individual skills. These skills include: advanced warm-up/form running/agility drills, steals (straight steal, delayed steal, pickle), sac bunt/hit & run/suicide squeeze, advanced hitting techniques, defensive footwork, infield (force out/tag/continuation), and outfield (blocking/scooping/diving). Student to instructor ratio 10 to 1 or less.

**Over 300 camps in 150 communities!  
Register for one near you at BullsSoxAcademy.com.**

# SPECIALITY CAMPS

## EXPERIENCE CAMP AT U.S. CELLULAR FIELD Ages 7-14

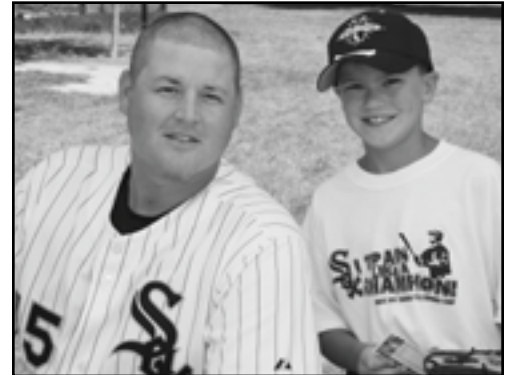
**Saturday, August 2 • Cost: \$150**  
Our Experience Camp gives kids an opportunity to fulfill their dream of playing on the home turf of the 2005 World Champion Chicago White Sox at U.S. Cellular Field. This camp gives each player the opportunity to field groundballs like Paul Konerko, fly balls like Nick Swisher, warm-up in the bullpen like Mark Buerhle and take batting practice in the batting tunnels just like Jim Thome. See areas of the ballpark most fans never see! This is a once in a lifetime opportunity! **SOLD OUT IN 2007! SIGN UP EARLY!**

## NEW – WHITE SOX & BULLS COMBO CAMP Ages 5-9 / 10-14

**Aug. 11-Aug. 15 • Cost: \$375**  
This week long, all day camp gives the two-sport athlete the ability to improve their offensive and defensive game in both basketball and baseball before heading back to school. 7 hours a day quality instruction in two sports... this truly is a one-of-a-kind camp.

## NEW - CHICAGO WHITE SOX PLAYER CAMP Ages 6-16

**June 30 – July 3 • Cost: \$299**  
This summer instead of you going to the ballpark to see the players, the players are coming to see YOU! The NEW Chicago White Sox Player camp gives you the opportunity to interact with current and former Chicago White Sox players while receiving top-flight instruction at the White Sox Academy. During this 4-day camp, you will work on specific advanced instruction in Offensive and Defensive skills with our outstanding group of instructors including Elite Lead Academy Instructor Justin Stone. Each player will receive a camp hat, t-shirt and a premium item to get autographed.



The best players never stop working on their game. So this summer, the only way to become a Champion basketball player is to learn the game from the professional coaches at the Chicago Bulls Basketball Schools. After working with us, you'll know the skills to excel at any level of competitive hoops. The Chicago Bulls Basketball Schools include programs for Rookies (Boys & Girls ages 6-8) and Veterans (experienced or travel players ages 9-14).

**Chicago Bulls Basketball Schools are in over 100 Communities. Log on to our website and Register for one near you!**



**Plus, each player will receive: the Official Bulls Basketball Schools duffel bag; souvenir summer camp t-shirt; the Bulls indoor/outdoor basketball and entry in the Bulls Skills Competition with the finals at the United Center. . .all for \$205 per player!**

**Additional Programs Include: Bulls Overnight Camp, Father/Son-Daddy/Daughter Camp, Chicago Bulls Player Camp and Luvabulls Dance Camp!**

**VIEW ALL PROGRAMS AND REGISTER ONLINE AT [BULLSSOXACADEMY.COM](http://BULLSSOXACADEMY.COM)**



# CHICAGO BULLS/WHITE SOX TRAINING ACADEMY

6200 River Bend Drive • Lisle IL • 60532

Or Fax to: (630) 324-8265 (baseball/fastpitch)

Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Number: (\_\_\_\_\_) \_\_\_\_\_ Work Number: (\_\_\_\_\_) \_\_\_\_\_ Email Address: \_\_\_\_\_

Emer.Contact: \_\_\_\_\_ Emer.Contact Phone: (\_\_\_\_\_) \_\_\_\_\_

Participant's First Name (include last name if different)	Program Code	Sex	Age	Date of Birth MM DD YY	T-Shirt Size	Fee

Payment Method (circle one):      Check                      Visa                      Mastercard                      Discover                      Amex

Credit Card #/Check Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Verification Code: \_\_\_\_\_ Card Holder Signature: \_\_\_\_\_ Total Amount: \_\_\_\_\_  
(3-digit code on back of card)

**REFUND/CANCELLATION POLICY:** Enclosed is the enrollment fee paid in full, for the above named student. I understand that my entire fee, less a 20% non-refundable processing fee will be refunded if such student cancels at least two weeks prior to the first day of camp. At any time after that date, I will receive a credit minus the 20% registration fee for future instruction. I further understand there will be no refund or credit for days unattended by student. The Chicago Bulls/White Sox Training Academy reserves the right to cancel any camp or decline any application. Permission is given to use my child's photo or endorsement for promotion.

**WAIVER AND GENERAL RELEASE AND COVENANT NOT TO SUE:** As parent or legal guardian for \_\_\_\_\_ (the "Participant") I hereby give my consent to Participant's participation in the program to be held by the Chicago Bulls/White Sox Training Academy. I acknowledge that participation in the program involves the risk of personal injury to Participant or others. Understanding that risk and in consideration of Participant being allowed to participate in the Program, I, on my own behalf and on behalf of Participant, Participant's heirs, administrators, executors, and assigns, hereby (i) fully release and discharge the Chicago Professional Sports Limited Partnership, Chicago Bulls Limited Partnership, and CBLS Corporation, The National Basketball Association, and its team members, NBA Properties Inc. and all of its and their respective officers, agents, employees, shareholders, and partners and representatives, and any and all of their respective subsidiaries or affiliates (the Releasees"), Roclab Athletic Instruction, LLC, Chicago White Sox Ltd., Chisox Corporation and all of its and their respective officers, agents, employees, shareholders, and partners and representatives, and any and all of their respective subsidiaries or affiliates (the Releasees), from any and all claims, demands, liabilities, or causes of action of whatsoever kind or nature, in longevity or otherwise, which hereinafter may accrue against them and which in any way arise as a result of Participant's participation in the Program, regardless of whether based on fault or negligence of the Releasees, (ii) covenant not to sue any of the Releasees for any matter relating to Participant's participation in the Program, and (iii) indemnify, defend, and hold Releasees harmless from and against any and all losses, damages, costs or expenses (including attorneys' fees and other costs of defense) which any of them may sustain as a result of, or in connection with, Participant's participation in the Program. I have read this Waiver and General Release and Covenant Not to Sue and Refund/Cancellation Policy carefully and fully understand the contents. I am aware that this is an agreement not to sue the Releasees and constitutes a complete release of liability by me and by Participant in favor of the Releasees. I acknowledge that I am signing this document of my own free will, with full knowledge of the risks being assumed which include, without imitation, the risk of injury or death to Participant regardless of how it arises and even if it results from the negligence or fault of the Releasees.

Signature \_\_\_\_\_ Date \_\_\_\_\_